

Name:

Programme:

Matric No:

Date:

CHECKLIST GROSS ANATOMY
PRACTICAL MODULE 1: ANATOMY & PHYSIOLOGY

No.	Terminology	/	Terminology	/	Terminology	/
	ANATOMICAL REGION		ANATOMICAL DIRECTION		ANATOMICAL PLANES	
	Cephalic region		Superior		Transverse	
	Rostral region		Inferior		Sagittal	
	Otic region		Anterior		Frontal	
	Facial region		Posterior		Axial	
	Mental region		Ventral		Coronal	
	Orbital region		Dorsal		Median	
	Nasal region		Cephalic		Oblique	
	Oral Region		Corpus		BODY CAVITIES	
	Occipital region		Caudal		Cranial cavity	
	Cervical region		Medial		Spinal/Vertebra cavity	
	Nuchal region		Lateral		Pericardial cavity	
	Thoracic region		Proximal		Pleural/Thoracic cavity	
	Sternal region		Distal		Mediastinum	
	Pectoral region		Superficial		Abdominal cavity	
	Mammary region		Deep		Pelvic cavity	
	Acromial region		Intermediate			
	Axillary reion		Ipsilateral			
	Brachial region		Contralateral			
	Antebrachial region					
	Manual region		Umbilical region		Gluteal region	
	Pollex region		Pelvic region		Femoral region	
	Dorsum region		Pubic region		Crural & Sural region	
	Palmar region		Inguinal region		Pedal, plantar & Hallux region	
	Abdominal region		Lumbar region		Peroneal & Patellar region	

No.	Terminology	/		/		/
	MAPS OF THE BODY		TYPE OF SYNOVIAL		BONES	
	Right hypochondriac reg.		Planar joint		Frontal bone	
	Epigastric region		Pivot joint		Parietal bones	
	Left hypochondriac reg.		Saddle joint		Occipital bone	
	Right lumbar reg.		Hinge joint		Temporal bones	
	Umbilical region		Ellipsoidal joint		Sphenoid bone	
	Left lumbar reg.		Ball & Socket joint		Ethmoid bone	
	Right iliac fossa reg.				Nasal bones	
	Hypogastric region		MAIN SYNOVIALS		Maxilla	
	Left iliac fossa		Shoulder joint		Mandible	
			Elbow joint		Vomer	
	ABDOMINOPELVIC		Wrist joint		Palatine bones	
	RUQ		Joints of the phalanges		Lacrima bones	
	LLQ		Hip joint		Ossicles	
	LUQ		Knee joint		Hyoid bone	
	RLQ		Ankle joint		C1-C7	
					T1-T12	
	JOINTS		BONES		L1-L5	
	Fixed joints		Hip bones		S1-S5	
	Cartilaginous joints		Symphysis pubis		Co1-Co4	
	Synovial joints		Femur		Costal cartilages	
	Synarthrosis		Patella		Ribs (12 pairs)	
	Amphiarthrosis		Tibia		Sternum (*describe)	
	Diarthrosis		Fibula		Humerus	
	Suture		Tarsals		Radius & Ulna	
	Syndesmoses (ligament)		Metatarsals		Carpals	
	Gomphosis (bolt)				Metacarpals	
	Symphysis				Phalanges of hand & feet	
	Synchondrosis (disc)					

	OTHER ORGANS	/				
	Brain					
	Eyes					
	Cardiac					
	Gaster					
	Lungs					
	Pancreas					
	Spleen					
	Renals					
	Small intestine					
	Large intestine					
	Hepar					
	Gallbladder					
	Urinary bladder					
	Ovari/Testes					
	Penis					
	Vulva					