

No.	Aktiviti / 'Activities'	F2F (A)	NF2F	SPT (B)	Total SLT (A+B)
		Garis Panduan JPT / JPT Guideline	Panduan FSK UniSZA*		
1	1 jam sesi kuliah (1 hour of lecture session)	1 - 2 jam NF2F (1 - 2 hours of NF2F)	2 jam NF2F (2 hours of NF2F)	2 jam (2 hours)	3 jam (3 hours)
2	1 jam sesi tutorial (1 hour of tutorial session)	1 - 2 jam NF2F (1 - 2 hours of NF2F)	1 jam NF2F (1 hour of NF2F)	1 jam (1 hour)	2 jam (2 hours)
3	3 jam sesi amali makmal (3 hours of laboratory session)	0 jam NF2F (0 hour of NF2F)	0 jam NF2F (0 of NF2F)	0 jam (0 hour)	3 jam (3 hours)
4	Laporan makmal (penyediaan) Lab report (preparation)	2 - 3 jam NF2F (2 - 3 hours of NF2F)	3 jam NF2F (3 hours of NF2F)	3 jam (3 hours)	3 jam (3 hours)
5	2 jam sesi Pembelajaran Berasaskan Masalah (PBL) (2 hours of Problem-based Learning session)	4 - 5 jam NF2F (4 - 5 hours of NF2F)	4 jam NF2F (4 hours of NF2F)	8 jam (8 hours)	10 jam (10 hours)
6	1 jam diskusi/kerja kumpulan kecil (1 hour of small group work/discussion)	1 jam NF2F (1 hour of NF2F)	1 jam NF2F (1 hour of NF2F)	1 jam (1 hour)	2 jam (2 hours)
7	e-Pembelajaran; termasuk Mod Teradun (e-Learning session include Blended Mode)	3 jam NF2F (3 hours of NF2F)	3 jam NF2F (3 hours of NF2F)	3 jam (3 hours)	3 jam (3 hours)
8	1 jam pembentangan (1 hour of presentation)	3 - 4 jam NF2F (3 - 4 hours of NF2F)	3 jam NF2F (3 hours of NF2F)	3 jam (3 hours)	4 jam (4 hours)
9	Tugasan bertulis 2000 pp (Written assignment 2000 words)	10 - 12 jam NF2F (10 - 12 hours of NF2F)	12 jam NF2F (12 hours of NF2F)	12 jam (12 hours)	12 jam (12 hours)
10	Tugasan bertulis 1000 pp (Written assignment 1000 words)	TIADA (NONE)	6 jam NF2F (6 hours of NF2F)	6 jam (6 hours)	6 jam (6 hours)
11	Tugasan bertulis 500 pp (Written assignment 500 words)	TIADA (NONE)	3 jam NF2F (3 hours of NF2F)	3 jam (3 hours)	3 jam (3 hours)
12	3 jam Penilaian Sumatif (*EOS) (3 hours of Summative Assessment)	3 jam NF2F (3 hours of NF2F)	3 jam NF2F (3 hours of NF2F)	9 jam (9 hours)	12 jam (12 hours)
13	2 jam Penilaian Sumatif / Formatif (2 hours of Summative / Formative Assessment)	TIADA (NONE)	3 jam NF2F (2 hours of NF2F)	6 jam (6 hours)	8 jam (8 hours)
14	1 jam Penilaian Formatif (1 hour of Formative Assessment)	TIADA (NONE)	3 jam NF2F (1 hour of NF2F)	3 jam (3 hours)	4 jam (4 hours)
15	Projek Tahun Akhir (Final Year Project)	Pelajar memerlukan kira - kira 240 - 400 jam (Students require 240 - 400 hours)			
16	Latihan Industri / Latihan Klinikal / Praktikum (Industrial Training / Clinical Training / Practicum)	Pengiraan: 8 jam x 5 hari x BIL. MINGGU (Calculation: 8 hours x 5 days x NUMBER OF WEEKS)			
NOTA: 1 jam kredit bersamaan 1 minggu (NOTE: 1 credit hour equivalent to 1 week)					

*Garis panduan ini akan digunakan bagi tujuan pemurnian/semasakan kurikulum/semasakan borang maklumat kursus bagi kesemua program pengajian di FSK

Face-to Face	F2F
Non Face-to Face	NF2F
End of Semester examination	EOS
Student Learning Time	SLT
Student Preparation Time	SPT
pahat perkataan	pp
Problem Based Learning	PBL
Jabatan Pengajian Tinggi	JPT
Fakulti Sains Kesihatan	FSK
Teaching & Learning Activities	TLA